

3-Step Playbook for Improving Behavioral Health Outcomes

Behavioral health continues to operate in silos with separate coding and billing structures, separate data systems and separate workflows. **As a result, providers face increasing strain while patients navigate complex and costly care journeys.**



If you're responsible for outcomes, cost or operations, **there are three crucial steps your organization should pursue:**

1

Build around pivotal moments.

These are the key points in a care journey where timely intervention has the greatest impact. Don't wait for patients to self-navigate after a crisis event. Treat clinical and prescription drug monitoring data as high-leverage signals for immediate outreach and follow-up.

2

Align outcomes with follow-through.

Improving outcomes is only possible with clear next steps for follow-up. Outreach, intake, matching, scheduling and attendance support must all work together to move individuals into the right level of care and support.

3

Measure what matters.

Track early engagement milestones that predict downstream outcomes (e.g., initial attended visits), then build workflows to consistently achieve them.

See what leading organizations are tracking now:



20% reduction in avoidable ED and inpatient utilization



38% decrease in inpatient spend and increased patient engagement



8X faster time to care, with 61% of appointments scheduled in the first two weeks

To learn more about how to unify your systems to better serve patients and increase real engagement, explore **Bamboo Bridge®** or **contact us**.