

# 8 Questions to Determine if Your Transitional Care Strategy is Built for Real-Time Engagement

Being “data-driven” is no longer a differentiator. Most health plans have invested heavily in data infrastructure. The question is whether that data translates into timely, coordinated action when members need it most.

## Here’s what to consider:

1. Are your teams equipped with timely member alerts to identify high-risk transitions for members with physical and behavioral health needs as they occur?
2. Do you have an engagement plan for members to receive timely, in-network follow-up care after high-risk events?
3. Can you ensure behavioral health transitions are coordinated to improve outcomes?
4. Can you translate real-time events into measurable reductions in downstream cost and quality performance?
5. Do you support your provider partners in delivering timely member interventions and in-network care?
6. Can you automate workflows to ease administrative burdens without overwhelming staff?
7. Do your systems ingest both physical and behavioral health data in a unified system to avoid siloed data challenges?
8. Do you have the right partner to help connect disparate data systems and scale these workflows across your provider network?

Plans that evolve their care transition strategy by integrating real-time alerts, automated workflows and whole-person navigation position themselves to manage cost more effectively while strengthening quality and member trust. In a market defined by tighter margins and rising complexity, that evolution is increasingly important.

To learn more about how care navigation gives health plans a competitive advantage, visit our [Bamboo Bridge®](#) webpage or [contact us](#).