# Bamboo 🏶 Health

#### SAINT FRANCIS HEALTHCARE PARTNERS CASE STUDY

How Saint Francis Healthcare Partners Improves Care Coordination with Bamboo Health



#### BACKGROUND

Saint Francis Healthcare Partners (SFHCP) is an independent organization founded in 1993 as a 50/50 physician-hospital organization. It is a joint venture between a community of exceptional physicians and Trinity Health of New England. Its membership includes over 700 primary and specialty care physicians and over 200 advanced practice registered nurses (APRNs), physician assistants (PAs) and nurse midwives. As a clinically integrated network of providers, SFHCP's primary goals are to increase care quality, improve the patient experience and effectively manage the overall cost of care for the populations it serves.

#### **CHALLENGES**

SFHCP implemented Bamboo Health's Pings solution, which are real-time care event notifications,

in January of 2017. Prior to implementation, SFHCP relied heavily on hospital records and census data from their SNF partners to know when patient events occurred. This information was delayed, which affected their ability to provide facilities with an estimated length of stay (ELOS) and limited opportunities to make timely post-discharge follow-ups. SFHCP hired a full-time, on-site RN care manager at one of their highest volume SNFs in order to identify patients who were recently admitted, which tended to be a time-consuming process. SFHCP was looking for a solution to help reduce the time and efforts required of them to manage their ACO patients at affiliated facilities, while also working to decrease their overall post-acute spend.



### **The Solution**

SFHCP initially engaged Bamboo Health in early December of 2016. The entire Pings implementation process took less than one month to complete. Once the agreement was signed, SFHCP's data analytics team worked with Bamboo Health to create a roster of all Medicare Advantage and Medicare Shared Savings Program (MSSP) patients to be uploaded into the application. SFHCP chose to start the program with their Medicare patients primarily for post-acute care, as well as to determine the ROI for adding additional patients in the future.

Saint Francis Healthcare Partners required all of their preferred skilled nursing facilities (SNFs) to be integrated into the Pings platform. The Bamboo Health team provided on-site training to all of the post-acute care managers and operations support staff who would be using the application. The Bamboo Health team helped to streamline workflows, implement best practices, and maximize work output. SFHCP has since expanded its post-acute care management program to include 13 skilled nursing facilities, two post-acute care managers and one RN waiver coordinator.

Through the Pings solution's real-time notifications, SFHCP's care managers are now notified whenever one of their patients is admitted to a post-acute facility. The post-acute managers are then able to review patients' events, determine ELOS, and email patients' SNF teams to determine appropriate care plans and next steps. Care managers are also notified upon patients' discharges in real time.

Using the Pings solution's Visit History and Care Team features, care managers are able to contact patients, review discharge and follow-up care instructions, as well as review information regarding patients' care team members. SFHCP also utilizes the Exports feature to produce reports on their patient outcomes including 30-day readmission rates and average length of stay (ALOS).



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## The Results

In one instance, SFHCP received a Ping on a patient from a nearby health center. SFHCP's care manager then contacted the patient, as well as the patient's most recent home care agency, to review discharge instructions and prior medications. The care manager learned that the patient had been refusing additional home care support and followup appointments. The patient's wife expressed concerns for her husband, as he had been experiencing symptoms such as irritability and depression. The care manager was able to contact an Advanced Practice Registered Nurse to coordinate a face-to-face visit at the patient's home. Upon the at-home visit, it was determined that the patient had a urinary tract infection. The patient was placed on an antibiotic to treat the infection, which avoided an unnecessary hospital readmission. The patient also agreed to resume home care services.

"Pings has been integral to our success in managing post-acute outcomes. Having real-time data regarding our attributed patient population has truly been a key component in our post-acute care management strategy."

– Khadija Poitras-Rhea,

Executive Director of Care Coordination & Population Health Management, Saint Francis Healthcare Partners





Since implementing Bamboo Health's Pings solution, SFHCP has been able to receive real-time admit and discharge notifications, allowing for more timely follow-up phone calls to patients. They have also been able to easily identify patients attributed to their ACO while also monitoring patients readmitted to acute care facilities. This has allowed SFHCP to quickly intervene following patient transitions and improve care coordination efforts for their patient populations.

Since implementing Pings, Saint Francis Healthcare Partners has seen:

REDUCTION OF 30-DAY HOSPITAL READMISSION RATES FOR PREFERRED POST-ACUTE NETWORK	REDUCTION OF NETWORK AVERAGE LENGTH OF STAY (ALOS)
24.7%	27.5%

### **About Bamboo Health**

Bamboo Health (formerly known as Appriss Health + PatientPing) is a healthcare technology solutions company, focused on fostering care collaboration and providing information and actionable insights across the entire continuum of care. As one of the largest, most diverse care collaboration networks in the country, our technology solutions equip healthcare providers and payers with software, information, and insights to facilitate whole person care across the physical and behavioral health spectrums. **By serving 2,500 hospitals, 7,955 post-acute facilities, 25,000 pharmacies, 37 health plans, 45 state governments, and over one million acute and ambulatory providers through more than 500 clinical information systems electronically, we impact over 1 billion patient encounters annually in provider workflow. Health systems, payers, providers, pharmacies, governments, individuals, and other organizations rely on Bamboo Health to improve care and reduce cost.** 

#### Bamboo Health

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