America’s Behavioral Health Crisis by the Numbers

UNTREATED BEHAVIORAL HEALTH COSTS

$444 BILLION EACH YEAR IN THE U.S.\(^5\)

WHAT DO THESE NUMBERS MEAN FOR YOUR STATE? MORE IMPORTANTLY, WHAT DO THEY MEAN FOR YOUR CITIZENS’ WELL-BEING?

Learn how our Behavioral Health Care Coordination platform can help control costs and promote health.

Sources:
2. U.S. overdose deaths hit record 93,000 in 2020 during pandemic. STAT, July 2021
5. Cost of not caring: Nowhere to go. USA TODAY. Jan. 2015
6. What you need to know about the cost and accessibility of mental health care in America. CNBC, May 2021

There has recently been a 29% increase in overdose deaths, year-over-year.\(^2\)

Suicide is the 2nd leading cause of death for ages 10 to 24.\(^1\)

Patients with high mental health costs incur over 30% more costs than other high-cost patients.\(^4\)

Overall spending on mental health treatment was $225 billion in one year.\(^6\)

4 out of 10 adults reported anxiety and/or depression in 2021.\(^1\)

Since the onset of COVID-19, there has been a 50% growth in the prevalence of behavioral health conditions.\(^7\)

70% of adult behavioral health patients also have a physical health condition.\(^3\)