

# America's Behavioral Health Crisis by the Numbers

UNTREATED BEHAVIORAL HEALTH COSTS  
**\$444 BILLION**

EACH YEAR IN THE U.S.<sup>5</sup>



There has recently been a **29% increase** in overdose deaths, year-over-year.<sup>2</sup>



Suicide is the **2<sup>nd</sup> leading cause of death** for ages 10 to 24.<sup>1</sup>



**4 out of 10 adults** reported anxiety and/or depression in 2021.<sup>1</sup>



Patients with high mental health costs incur over **30% more costs** than other high-cost patients.<sup>4</sup>



**50%**

Since the onset of COVID-19, there has been a **50% growth** in the prevalence of behavioral health conditions.<sup>7</sup>



Overall spending on mental health treatment was **\$225 billion** in one year.<sup>6</sup>

**70%**

of adult behavioral health patients also have a physical health condition.<sup>3</sup>

WHAT DO THESE NUMBERS MEAN FOR YOUR STATE? MORE IMPORTANTLY, WHAT DO THEY MEAN FOR YOUR CITIZENS' WELL-BEING?

[Learn how our Behavioral Health Care Coordination platform can help control costs and promote health.](#)

Sources:

1. *American Medical Association: Accelerating and Enhancing Behavioral Health Integration. Though Digitally Enabled Care. Opportunities and Challenges.* Feb. 2022
2. *U.S. overdose deaths hit record 93,000 in 2020 during pandemic.* STAT, July 2021
3. *American Hospital Association Issue Brief Integrated Behavioral Health is High-value Care.* Dec. 2019
4. *Patients With High Mental Health Costs Incur Over 30 Percent More Costs Than Other High-Cost Patients.* National Library of Medicine, Jan 2016
5. *Cost of not caring: Nowhere to go.* USA TODAY, Jan. 2015
6. *What you need to know about the cost and accessibility of mental health care in America.* CNBC, May 2021
7. *U.S. Behavioral Health Market Size, Share & COVID-19 Impact Analysis.* Fortune Business Insights, June 2021

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